



ASSOCIATION OF
NEIGHBOURHOOD
HOUSES BC



Mount Pleasant
Neighbourhood House

reflexology *FOR* seniors

with Victor Paredes Lara

Fridays 3:30-6:30 p.m.

starting June 22nd

Free, by appointment only

Call 604.879.8208 to book
an appointment!

Mount Pleasant Neighbourhood House

800 East Broadway, Vancouver

Unceded Coast Salish Territory

www.mpnh.org