



## Dads at play!

An evening drop-in program for dads with  
children 0-5 years

Every Thursday, 5:45-7:30 p.m.

A play-based program featuring parenting gatherings (topics include: Identifying your Long Term goals as a dad, Providing Warmth and Structure, Understanding how children think and feel, ages and stages, problem solving and more! also guest visits (VPL).

Mount Pleasant Neighbourhood House  
800 East Broadway, Vancouver  
Unceded Coast Salish Territory  
[www.mnph.org](http://www.mnph.org)

For more information contact Carmen at: [ccontreras@mnph.org](mailto:ccontreras@mnph.org) or 604.879.8208 ext 202

By donation. Snacks provided. Limited spots available.



Mount Pleasant  
Neighbourhood House