



长者在家无忧计划

快乐山邻里屋的长者在家无忧计划是什么？

长者在家无忧计划目的是帮助长者在自己家中保持独立生活，并以提供括日常简单的，非医疗护理性质的服务为主。服务项目包括由清洁人员提供的家政服务，家政服务包括简单家庭卫生清洁，由义工提供的义工服务，义工服务包括轻便买菜，简易维修，及温馨探访。

家政服务包括什么？如何收费？

家政服务具体包括：清洁浴缸，厕所，地板，洗衣，洗碗，厨房的炉头表面，及更换床单。

收费：收费标准以去年个人的或夫妻的收入进行评估。具体收费定位需要依据您提供的往年加拿大的政府个人所得税评估报告 (Notice of Assessment). 可能收费会从政府完全补贴(个人收费为零)到最高收费25加元每小时。

如何申请或推荐别人使用快乐山邻里屋的长者在家无忧计划？

如需申请或推荐别人使用此项目，请填写申请表格。

申请表格可通过以下方式获取或提交：

登陆www. mpnh.org 下载表格，来临快乐山邻里屋自取，电子邮件索取及传真提交已填写申请表格。

联系人 Jessie Huang

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传真 604-879-4136

电子邮件 jhuang@mpnh.org

MPNH SENIORS PROGRAM

The MPNH Seniors Program aims to promote health and wellness, build supportive social relationships, and foster cross-cultural understanding by providing diverse activities for seniors.

TO APPLY

Applications can be found at www.mpnh.org/betterathome

If you have any questions regarding the MPNH Better at Home Program, or would like to apply for our services, please contact us.

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Mount Pleasant Neighbourhood House Better At Home

长者在家无忧计划



800 E Broadway, Vancouver | 604.879.8208 | www.mpnh.org



**Mount Pleasant
Neighbourhood House**

**Better
at Home**



United Way helping seniors remain independent.

WHAT IS MPNH BETTER AT HOME?

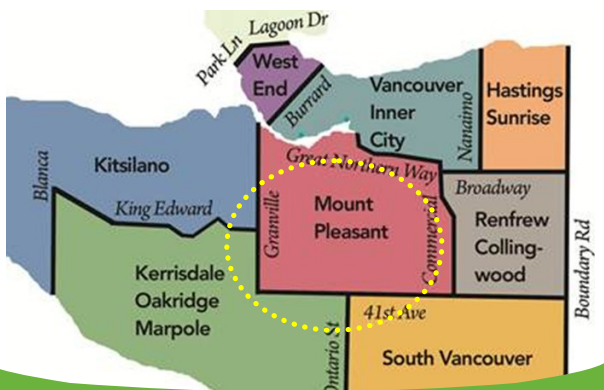
The Better at Home program helps seniors 55+ with simple, non-medical day-to-day tasks so that they can continue to live independently in their own home.

FEES

Better at Home services are subsidized on a sliding scale, determined mainly by your annual income. Fees and donations collected support the continuation of our program. Seniors wishing a subsidized rate will be asked to show proof of annual income.

ELIGIBILITY

Our services are available to seniors 55+ living in Mount Pleasant.



MPNH BETTER AT HOME SERVICES

LIGHT HOUSEKEEPING

Housekeeping services are delivered by individuals employed by MPNH, after an assessment is done by our coordinators. Fees are on a sliding scale:



2018 Sliding Scale Subsidy. * Based on hourly rate. Income is based on previous year's "CRA - Notice of Assessment"				
Single Income	Household Income	Fee Category	Basis	Charge to Client
Below \$17,666	Below \$26,921	A	Guaranteed Income Supplement (GIS)	\$0.00 (100% subsidy) Donations Appreciated
\$17,667 - \$24,957	\$26,922 - \$37,777	B		\$8.50 (70% subsidy)
\$24,958 - \$31,678	\$37,778 - \$54,888	C	Above GIC cutoff, but below average income	\$13.50 (50% subsidy)
\$31,679 - \$38,400	\$54,889 - \$72,000	D	Above GIC cutoff, but below average income	\$17.50 (30% subsidy)
Over \$38,400	\$Over \$72,000	E	Average income for BC persons over 65+	\$25.00 (no subsidy)

GROCERY SHOPPING

Volunteers are available to assist with weekly grocery shopping: making lists, bagging groceries, and more.



HANDYPERSON

Small home repairs.

VOLUNTEER VISITING

Volunteers are available for social visits, walking companions, and more.

VOLUNTEER TRANSPORTATION

Volunteers are available to accompany seniors to medical appointments.

INTERESTED IN VOLUNTEERING?

Elizabeth McIlfaterick

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