

# Family Resource Programs

## Fall: September to December, 2019



Mount Pleasant  
Neighbourhood House

Drop-In Programs	More Family Programs
<p><b>Engaging through Play! Drop-In</b> For families with children 0-5 years old <b>Fridays 10 a.m.-12 p.m.</b> Join us for a fun, hands-on play-based program where children and parents will enjoy activities and reading and singing circle time.</p>	<p><b>Indigenous Family Gatherings &amp; Monthly Family Dinner Night</b> Organized talks or informal gatherings to create arts and crafts. Mondays, 5:30-7:30 p.m.   September 9, October 7, November 4 <b>Seasonal daytime programming:</b> Parenting, traditional arts and crafts, Bringing Tradition Home and Four Directions sessions. Monday, Tuesday or Wednesday. For more information or to register contact Tracy Mclean: tracy.iej@vnhs.net   604.879.8208 ext 209</p>
<p><b>Creekside Baby Time Drop-In</b> Parents with babies 0-12 months <b>Fridays 9:30-11a.m.</b> At Creekside Community Centre (1 Athletes Way)</p>	<p><b>Nobody's Perfect Parenting Program</b> For parents with children 0-5 years old Mondays, September 30-November 18   5:30-7:30 p.m. No sessions October 14 or November 11 Tuesdays, October 29-December 3   5:30-7:30 p.m. (Spanish) Contact Carmen to register: ccontreras@mpnh.org   604.879.8208 ext 202</p>
<p><b>West Village Family Drop-In</b> For parents with children 0-5 years <b>Saturday, 10 a.m.-12p.m.</b> At West Village Children's Centre (131 West 2nd Avenue) Email Carolyn for information: cmajor@mpnh.org</p>	<p><b>YWCA Single Moms Support Group</b> Meet other single mothers to share knowledge and resources. Fridays 10:30 a.m.-12:30 p.m. To register call 604.895.5849</p>
<p><b>Dads at Play! Drop-In Program</b> A program for dads with children 0-5 years <b>Saturdays 10:00 a.m.-12 p.m.</b> A play-based program where children and fathers enjoy activities and talk about fatherhood.</p>	<p><b>Parent Support Services (PSS)</b> <b>Parent Support Circle for parents, grandparents, Caregivers.</b> <b>Vancouver Spanish Evening Circle</b> For more details and registration call Daniela at <b>604.669.1616</b></p>
<p><b>VCH Baby and Me Parenting Drop-In (Chinese)</b> For parents with babies 0-12 months <b>Tuesdays, 1-2:30pm   September 10-November 19</b> To register call Cecilia Wong 604.261.6366 ext 3347</p>	<p><b>Parenting Matters at Mount Pleasant Neighbourhood House</b> Mondays September 9-23   5-7 p.m.   VCH Healthy Living Program Thursday, September 12   10 a.m.-12 p.m. Choosing Childcare Tuesday, October 15   Vision Loss Rehabilitation Canada Talk Wednesday, October 23   5-7 p.m.   Emotionally Intelligent Kids November   FSGV Financial Literacy, RESP's and more</p>
<p><b>"Oruguitas Latinas" Family Drop-In</b> For Latin American families with children 0-5 years old <b>Second/fourth Saturday of the month</b> Come, play and interact with other families in Spanish. Email Lina for more information: larias@mpnh.org</p>	<p><b>Programs subject to change.</b> <b>For more information, please contact Carmen:</b> ccontreras@mpnh.org   604.879.8208 ext 202</p>

Mount Pleasant Neighbourhood House  
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[www.mpnh.org](http://www.mpnh.org)

In collaboration with:

